Rotary International - District 2202 Spain

Sports and Culture Camp

<u>Date</u>: June 30th (Saturday) - July 14th (Saturday)

<u>Location</u>: Vic (Osona), Ripoll (Ripollès), Banyoles (Pla de

l'Estany) and Lloret de Mar (La Selva)

Hosted by: District 2202

<u>Language</u>: English

Lodging: Participants will be hosted in hostels and families

Participants: 12 participants (1 girl or 1 boy from each country)

Programme: Four Rotary clubs have the pleasure of organising

this programme jointly (Rotary Club de Vic-Osona, Rotary Club de Ripollès, Rotary Club de Banyoles

and Rotary Club de Lloret).

Participants will have the chance to get to know the coast, the mountain and the countryside of Catalonia. The programme combines sports and

touristic cultural activities.

Participants will visit different cities, such as BARCELONA, among others. They will get to know

the culture and the historical art of Catalonia.

A more detailed programme will be sent to all

participants.

<u>Arrival/Departure</u>: Barcelona or Girona airport (Spain).

Age: 18-21 years old (non-smokers).

<u>Costs</u>: Participants will be charged 320 Euros and will also

be responsible for their travel expenses to and from Barcelona, insurance, pocket money and personal

expenses.

Insurance: All participants **MUST** be insured in accordance with

the Rotary International Policy on their own cost against illness, accident, third party damages and all

other risks.

Clothing: Casual and sportswear, bathing costume, beach

wear, trainers. There will be formal dinners as well.

Applications: Deadline for applications is 10th June.

Mark carefully if you have any food restrictions or health problems.

Preliminary program: A more detailed programme will be sent to the

participants.

June 30th Saturday: Arrival at the airport and transfer to Vic. We will have

a swimming pool and dinner there.

July 1st Sunday: Sightseeing in Barcelona. Visit Sagrada Familia and

free time for shopping.

July 2nd Monday: Excursion around Sau. Visit swamp and enjoy

amazing mountain views. Have a typical Catalan

lunch by the swimming pool. Dinner at hostel.

July 3rd Tuesday: Sightseeing in Vic, market square, and reception at

city hall. Visit a "salchichon" factory. Free time for

shopping. Dinner with the rotary club.

July 4th Wednesday: Travel to Olot. Visit the volcano's museum in Olot

and an ancient volcano, too. Transfer to Ripoll.

Welcome to Ripoll.

July 5th Thursday: Trekking to Nuria, a sanctuary surrounded by

mountains in the heart of the Pyrenees.

July 6th Friday: Visit to the Romanic monastery and museum.

July 7th Saturday: In the afternoon travel to Banyoles and Town Hall's

reception.

July 8th Sunday: Visit Costa Brava sites like Cadaqués, Port Lligat,

and Cap de creus.

July 9th Monday: Sport activities at the Banyoles lake.

July 10thTuesday: Local activity, lunch in Banyoles and Travel to Lloret.

Beach time in Lloret.

July 11th Wednesday: City Hall Reception and guided visit at Sea's

Museum. Lunch and beach time.

July 12th Thursday: Paddle introduction and competition. Santa Clotilde

garden's visit. Dinner with Rotex.

July 13th Friday: Ship trip to Santa Cristina. Paella at Santa Cristina's

beach. Activities and Beach time.

July 14th Saturday: Departure of all participants.